

## CARRIZO SPRINGS CISD :

# kindness spirit month

**CSCISD Counselors are kicking off Kindness Spirit Month for February.**

Join us in encouraging students to show kindness, gratitude, encouragement and more throughout the month of February. Each designated day will be represented by a color, which students are encouraged to wear that day, and there is a daily challenge to complete.



**MONDAY, FEB. 7TH: GREEN FOR GRATITUDE**

**DAILY CHALLENGE: SAY THANK YOU TO THREE OR MORE PEOPLE TODAY!**



**THURSDAY, FEB. 10TH: YELLOW FOR HELPFULNESS**

**DAILY CHALLENGE: HELP A TEACHER OR CLASSMATE TODAY!**



**FRIDAY, FEB. 18TH: PURPLE FOR POSITIVITY**

**DAILY CHALLENGE: DO SOMETHING KIND FOR SOMEONE!**



**FRIDAY, FEB. 25TH: BLUE FOR ENCOURAGEMENT**

**DAILY CHALLENGE: GIVE SOMEONE A COMPLIMENT!**



**MONDAY, FEB. 28TH: RED FOR SELF LOVE**

**DAILY CHALLENGE: THINK OF SOMETHING YOU DID WELL THIS MONTH AND GIVE YOURSELF A PAT ON THE BACK!**

**LET'S SPREAD SOME KINDNESS!**